

RESUME

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Current Professional Position:

Psychotherapist: In practice since 1974 (private practice since 1982), I offer individual, group, and couples psychotherapy for behavioral health problems. These include emotional and interpersonal problems, substance abuse, personal growth, and sexuality. I also contract as a consulting clinical supervisor to psychotherapists and counselors in public and private counseling programs, receive on-going clinical supervision of my own psychotherapeutic work, and train clinical supervisors. My business is an Approved Sponsor of continuing education training through the American Psychological Association.

Organizational Consultant: "Organizational development" is a method of corporate consultation, which assesses strengths and opportunities for improvement in a business and then conducts projects aimed at increased team functioning and effectiveness. It is designed to promote candor among staff members, resolve staff conflict, increase communication, and increase productivity. I have consulted with various industries: health care, high- and low-tech manufacturing, retail sales, social service, and law firms.

Past Professional Experience:

Outpatient Counselor (half-time), CODAC Counseling Center, January 1983 to June, 1989. I conducted individual, group, and family therapy with clients with dual diagnosed symptoms, including histories of emotional and sexual abuse (both victim and perpetrator), substance abuse, affective, characterological, and psychotic disorders. Supervisor: Brenda Smith, MEd.

Outpatient Counselor (part-time), Southern Arizona Mental Health Center, January 1983 to October 1985. As a mental health psychotherapist, I conducted individual, group, and family therapy with clients experiencing a wide variety of psychiatric symptoms, including affective, characterological, psychotic, and substance abuse problems. Supervisor: Kate Graybill, ACSW

Program Director, Center for Counseling, April 1981 to August 1982. Supervising a six-person staff in an outpatient counseling program, I carried a half-time caseload of clients with substance abuse and emotional disorders, and was responsible for budgeting, planning, clinical supervision, and program evaluation. Supervisor: Cal McLain, MA.

Senior Counselor, Center for Counseling, November 1976 to April 1981. This work included outpatient therapy with individuals, families, and groups that addressed emotional and behavioral problems of substance abusers. I worked also as the in-house organizational development specialist. Supervisor: Katherine Galgianni, MSW.

Counselor, TERROS, Inc. Tucson, September 1975 to June 1976.

Working in this short-term residential detoxification treatment program I offered individual and group therapy to substance abuse clients. Supervisor: Richard Gierloff, MA.

Counselor, Alternatives for Women, January 1974 to September 1975. This position was part-time in a feminist-based private psychotherapy business. It included being a co-counselor for couples, and leading men's groups. Supervisor: Ann Yellott, PhD.

Public Affairs Director, KWFM Radio, Tucson, November 1973 to August 1974. As producer and moderator of a weekly half-hour public service program, I interviewed important community figures and aired public service events. Supervisor: Diane Sloan.

Editor, New Times Newspaper, Tucson, March 1972 to November 1973. Managing a six-person staff, I reported on southern Arizona for a weekly newspaper. Supervisor: Daniel Ben-Horin.

Commanding Officer, Armed Forces Courier Station, Seoul, Korea, June 1970 to May, 1971. As a first lieutenant I managed a seven person staff in an isolated military unit that received, stored and distributed classified materials rated top secret and above.

Assistant Adjutant, 113th Military Intelligence Group, Chicago, September 1969 to May 1970. I was administrative officer for a large unit, supervising a ten-person staff.

Education:

Arizona State University 1984
School of Social Work
Major: Mental Health
Minor: Organizations
Master of Social Work

University of Arizona 1969
College of Liberal Arts
Major: Political Science
Minor: Psychology
Bachelor of Arts

Training:

Miscellaneous Continuing Education: 20 hours per year, 1991-present, emphasizing psychotherapy (psychodynamic; interpersonal; cognitive-behavioral), Buddhist and Sufi meditation practices, transpersonal psychology; and organizational change, leadership, strategic planning, team building

Southeastern Men's Conference: 1991, Robert Moore, James Hillman

The Male Psyche: 1990, Robert Bly; James Hillman, PhD; Michael Meade

Ego Psychology, Object Relations, and Self-Psychology:
1986-87, Ed Muller, PhD; Fred Arensburg, MD, 1988

Evolution of Psychotherapy: 1985, R.D. Laing, MD; James Masterson, MD;
Bruno Bettelheim, MD; Carl Whitaker, MD; Virginia Satir, MA;
Aaron Beck, MD; Carl Rogers, PhD

Short Term Dynamic Psychotherapy: 1984, S. Arnold Nelson, MD

Bioenergetic Analysis: (Certified) 1975-80, Ed Muller, PhD
and other trainers from the International Institute in New York

Gestalt Therapy: 1975-76, Marianna Martin, PhD; 1984, Irv & Miriam Polster, PhD;
1983, Bob Martin, PhD; Gestalt Family Therapy: 1977, 1979, 1982 Walter Kempler, MD

Published Articles:

Clark, C. F. (1988). Computer applications in social work. *Social Work Research & Abstracts* (24)1, 15-19.

Clark, C. F. (Speaker). (1994). *Growing your practice* (Cassette Recording). Tucson, AZ: Holden Enterprises. (cassette recording)

Clark, C. F. (1998). Transpersonal group psychotherapy. *Journal for Specialists in Group Work*, (23)4, December 1998, 350-371.

Clark, C. F. (2000). Psychomystical inferences in the Koran. *Al Mureed Newsletter*, (1)2 available from Sufi Village International, 2070 Summit, Perry, KS 66073, or www.psychod.com

Clark, C. F. (2004). R. D. Laing: What was therapeutic about that? *Journal of Transpersonal Psychology*, 36(2), pp. 150-179.

Presentations:

“A Proper Sufi Beating,” a 25 minute presentation for the Science of Consciousness conference, April 2024 in Tucson, citing the impact of specific spiritual training and practices, with the assertion that all spiritual traditions are focused on the same source, albeit with different names and practices, April, 2024

“Clinical Supervision of Psychotherapy,” a 6-hour presentation addressing AZ State mandated guidelines for licensure-quality clinical supervision, as well as methods, standards, and techniques from the literature on clinical supervision, January, 2010.

“Clinical Supervision of Psychotherapy,” a 12-hour presentation addressing AZ State mandated guidelines for licensure-quality clinical supervision, as well as methods, standards, and techniques from the literature on clinical supervision, November 2005.

“Computer as Weapon in the Fight Against Evil,” presentation addressing the automating of a clinical practice, addressing computer-related clinical uses; and intra-, inter-, and transpersonal implications of computer use; for the American Society of Adolescent Psychiatrists Conference, January, 2000.

“The Psychology of Spirituality and Religion,” a 36-hour course on transpersonal psychotherapy offered at the University of Arizona Department of Psychology as a three-unit undergraduate course, September 2000.

“Why Men Hate Therapy,” a six-hour presentation on issues specific to working with males in therapeutic settings, addressing men’s characteristic ways of processing information, reacting to situations, and coping with emotionally-charged situations; May, 2000.

“Transpersonal Psychotherapy,” six-hour presentation sponsored by Jewish Family Children Service, outlining the theory and practice of transpersonal psychotherapy, March, 1997; expanded to a 34-hour seminar presented in 1998 and 1999 to small groups of local professional psychotherapists.

"Intentional Development of Men," presentation of seven types of contemporary groups for men only: comparing leadership, theory, participants and interventions (Christian; Islamic; Buddhist, etc.); presentation to National Conference of Social Workers, Nashville, TN; October, 1994.

"Analyzing and Managing Referrals to a Psychotherapy Practice," graphic and lecture presentation of seven years' referrals: trends, sources, failures, successes, with attention to the impact of managed care on services; October, 1994.

"Competency Measures in Psychotherapy," presentation describing elements of clinical competence as measured by a variety of clinical disciplines; October, 1993.

"Managing Managed Care," presentation about clinical and practice management issues relevant to participation in managed care networks; March, 1993.

"Clinical Supervision Among Peers," presentations to local private and public mental health or chemical dependency programs, 1990, 1992

"Disrupting Drug Abuse in Dual Diagnosed Clients," unpublished handbook presented to La Frontera Center and AZ DHS; treatment methods for psychiatric symptoms and substance abuse issues, July, 1989.

"Clinical Computer Conferencing," unpublished article documenting a survey analysis of current computer use among Southern Arizona social work, psychological, and psychiatric clinicians, in a failed attempt to begin on-line clinical supervision of clients; November, 1989

"Psychotherapy: From One State of Illusion to Another?" Presentation, Arizona Group Psychotherapy Society, 1987.

"Dual Diagnosis: Disrupting Substance Abuse & Emotional Illness," Southern Arizona Mental Health Center, 1986.

"Transpersonal Issues for Men," Pima Community College, Conference on Being Male, 1986.

Teaching:

Adjunct Lecturer: August, 2000 to December, 2000, a three-unit undergraduate course that I constructed from literature review on transpersonal psychotherapy, theory, and interventions; (Psych 357 - The Psychology of Religion and Spirituality), at the University of Arizona Department of Psychology, Tucson AZ; 72 students; Gary Schwartz, PhD.

Certifications and Licenses:

2018: Approved Clinical Supervisor, State of Arizona, 2004-2024
2005: Approved Clinical Supervisor, Center for Credentialing and Education
2004: Licensed Clinical Social Worker
1991 - Certified Independent Social Worker, State of Arizona
1886 - Academy of Certified Social Workers
1981 - Arizona Society for Bioenergetic Analysis

Memberships:

1991 - present: Association of Transpersonal Psychology
1987 - present: Arizona Group Psychotherapy Society
1984 - present: National Association of Social Workers

Clinical Supervision:

Course work: (independent study) developed a prototype for an academic course entitled “Clinical Supervision,” at the AZ State University School of Social Work, 1984.

In the Role of Supervisee:

1985- to the present - bi-monthly peer supervision group (psychiatrists, social workers) of five clinicians
1974-78, 1981-1989 - public chemical dependency & mental health programs
1974-1981 – gestalt therapy and bioenergetic analysis training programs

In the Role of Supervisor:

1990 - present: supervising independent clinicians and clinical groups
1992 - Tucson Psychiatric Institute Dual Diagnosis Unit
1992 - University Family Care/Social Services
1990 - The Casey Family Program Tucson Division
1984 –1988 - CODAC Counseling Center
1978 - 1981 - Center for Counseling

Papers and Presentations:

2017 – “Advanced Training in Clinical Supervision” a 6 hour presentation, addressing State law changes, countertransference & countertransference, contracting with supervisees, specific activities in the clinical supervision meeting, recently published literatures, elements of “effective” clinical supervision

2010 - “Clinical Supervision of Psychotherapy,” a 6-hour presentation addressing AZ State mandated guidelines for licensure-quality clinical supervision , as well as methods, standards, and techniques from the literature on clinical supervision, January, 2010.

2005 - “Clinical Supervision of Psychotherapy,” a 12-hour presentation addressing AZ State mandated guidelines for licensure-quality clinical supervision , as well as methods, standards, and techniques from the literature on clinical supervision, November 2005.

2004 -2005 – Training seminars to 75 clinicians in Tucson, Phoenix: “Clinical Supervision of Psychotherapy”, linking a method of supervision with recent Arizona behavioral health licensure laws; twelve CEU hours on evaluating supervisees, a supervision method, and experiential exercises.

2004 – Article: Clark, C. F. (2004). R. D. Laing: What was therapeutic about that? Journal of transpersonal psychology, Vol. 36(2), pp. 150-179; an assessment using clinical supervision techniques of a psychotherapy session between R. D. Laing and a client diagnosed paranoid schizophrenic.

1992 - Training seminars to 90 clinicians in Tucson, Phoenix, and Flagstaff, Arizona: "A Conceptual Model of Clinical Supervision"; a six-hour seminar

1988 - Project: "Clinical Supervision and Computer Conferencing," a failed attempt at distance clinical supervision

1984 – Unpublished manuscript: Errors and Predictions in Clinical Supervision.

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