

## Skype Clinical Supervision Group Project Frequently Asked Questions

### 1) What is the purpose of the project?

- a. The groups are designed to bring clinical supervision to clinicians at a distance, with any level of education (BA, MA, MSW, PHD, MD), who are actively doing psychotherapy or counseling with adult or adolescent clients
- b. The groups will be recorded as they occur online in audio and video and the recordings will be employed in private, confidential training in the clinical supervision of psychotherapy
- c. Clinicians who agree to participate are giving their permission for the recordings to be employed at a later time to train other clinicians
- d. The recordings also serve as a record of the actual activity and attendants during group events

### 2) Who may participate?

- a. Behavioral health clinicians that are licensed in any state or are seeking licensure in Arizona are eligible for participation
- b. Only those clinicians actively working with clients, or clinical supervisors actively supervising supervisees will be accepted

### 3) How is participation initiated?

- a. Please study: [http://www.psychod.com/?page\\_id=392](http://www.psychod.com/?page_id=392), "For Supervisees," (note the series of links on the right side) and complete: [http://www.psychod.com/CLSV\\_SuperviseeIntake.pdf](http://www.psychod.com/CLSV_SuperviseeIntake.pdf) Return that form, a copy of your license and your liability insurance by mail to: Skype Project, 350 S Williams Blvd Ste 140 Tucson, AZ, 85711, or by email to: [perk@psychod.com](mailto:perk@psychod.com)
- b. You will be contacted by email shortly after we receive your documents to discuss your clinical work and training needs

### 4) What are the fees and cancellation policies?

- a. The fee is \$55 per supervisory hour that is offered to your group
- b. You are contracting for that fee per hour whether you attend the group or not
- c. Fees are paid monthly, in advance, by check to the supervisor or by using Paypal through the Store on this website:  
[http://www.psychod.com/?page\\_id=37](http://www.psychod.com/?page_id=37)

### 5) How do the groups function?

- a. Groups will meet weekly at a set hour, lasting for 50 minutes
- b. Participants agree to weekly attendance and can end at any time by announcing **at the beginning of a group** that it is their last meeting
- c. Group members initiate the meeting by placing a Skype phone call to the number that they will receive, at the time that the group begins

- d. Clinicians will 'sign in' by announcing their name and holding their signature up to the camera that is transmitting their image to the group meeting
- e. Groups consist of a clinical supervisor and no more than five clinicians
- f. Identifying information about clients will be changed, obfuscated, omitted to insure client confidentiality is maintained
- g. Clinicians will present their most difficult cases in a common format (<http://psychod.com/CSCasePresentationModel2.pdf>) and will discuss same with the supervisor, one on one
- h. Other group members will be asked after the discussion of their observations or questions
- i. Often times clinicians can only witness the supervisory discussion (due to time and technology limitations) and must take responsibility to identify their own difficult cases and initiate presentation time

**6) What about Continuing Education credits?**

- a. The groups are hosted by Psychotherapy & Organizational Development, LLC which has continuing education sponsorship status with the American Psychological Association
- b. You will be emailed a CE certificate at any time you request one
- c. The learning objectives appear at the end of this document
- d. You will be asked to evaluate your progress on those objectives annually, or when you decide to end your participation in the groups
- e. Clinicians not seeking licensure-supervisory hours are receiving "clinical consultation," not clinical supervision, meaning that they retain the right and responsibility to conduct treatment with their client and are not in a hierarchical relationship with the group clinical supervisor

**7) Will these credits count towards my licensing status in my setting?**

- a. You are responsible to discuss the APA sponsorship of this training and your licensing situation with your licensing body
- b. We are making every effort to conform to AZ State licensing law rules (<http://www.azbbhe.us/ADOPTED%20RULES.pdf>)

**8) Learning Objectives:**

- a. How to present a case for clinical supervision
- b. How to use "process analysis" in clinical supervision
- c. How to use "skill competency" in clinical supervision
- d. How to listen: resistance vs. successful intervention
- e. How to practice clinical supervision with a supervisee
- f. How to document clinical supervision meetings

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